

# JEWISH DISABILITY SERVICE DIRECTORY

*Updated October 2019*



(Artwork by participants at  
Access Inc. Art Studio)



A guide to the support services available throughout the Melbourne Jewish Community, for people with disabilities and their families.



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# FOREWORD

**By David Southwick MP**

It gives me great pleasure to have the opportunity of welcoming the issue of a new Jewish Disability Services Directory, a guide to the support services available in the Melbourne Jewish Community for people with disabilities and their families.

The Melbourne Jewish community is one that is based on support and inclusiveness, where everyone belongs and no one is left behind. As with other diverse groups, people with disabilities add much to the community. The greater the participation and inclusion of people with disabilities in our community, the stronger we become.

Communal involvement and opportunities derive from being aware of, and connecting with, organisations such as those mentioned in this guide. If we are to be really inclusive we will need all community groups and businesses to step up and ensure that every person, regardless of their abilities, can access the rich opportunities for social, economic and cultural participation that our society has to offer.

This guide is an example of the partnership between Jewish disability services to build a richer society by sharing resources, cross-referring and enhancing unity in supporting people with a disability.

The guide seeks to bring the entire community together whilst creating more awareness about the uniqueness and varied services of the presented organisations for this special group of people.

For those engaged with our community, a comprehensive and accurate directory is a necessity, and I feel sure, knowing as I do that great care has been devoted to the publication of this edition, that it will fulfil with efficiency that need and I congratulate the publishers on their enterprise.

I am privileged to support the creation of a more inclusive, tolerant and diverse Melbourne Jewish community.



A handwritten signature in blue ink, appearing to read 'David Southwick'.

**David Southwick MP**  
**Member for Caulfield**  
Shadow Minister for Police  
Shadow Minister for Community Safety  
Shadow Minister for Corrections

# INTRODUCTION

The Jewish Disability Service Directory is a guide that can be used by you, your family or the wider community, to provide information on a number of Jewish disability services around the area.

Eight different organisations have been provided for you. These organisations have detailed descriptions on the services they provide, their contact details, images of activities, as well as various quotes and testimonials, to highlight the impact each organisation has had. Alongside this, nine youth movements have been included to showcase programs for children up to the age of 18.

Carers Victoria, the Department of Health and Human Services, the NDIA and City Council numbers have also been included, should you need to contact them.







**Access inc.**

Celebrating abilities

# ACCESS INC.

## ABOUT US

Access Inc. partners with adults with disabilities to achieve goals in areas that are important to us all – education and employment, social connectedness, health and fitness, and hobbies and passions. We do this by recognising that mainstream approaches are often not ideally suited to differing abilities and thus try to find more creative, supportive and personalised solutions to encourage greater success.

We also recognise that often, the barriers faced by people with disabilities have little to do with their actual ability and more to do with societal misconceptions. Accordingly, Access Inc. works towards ‘demystifying disability’, fostering belonging and helping our community appreciate the value of diversity.



## OUR PROGRAMS

We offer training and vocationally driven programs with a focus on skill development in a supported social setting.

Our programs include:

- Access Bakery.
- Access Espresso (Barista Training and Coffee Cart).
- Healthy Cooking Skills.
- Front of House.
- Life Skills.
- Art Studio.
- Drumming.
- Healthy Me Fitness.

Our Parent Support Group is run by volunteers Michelle Feiglin and Felicia Batten, both of whom are dedicated to providing advice, information and comradery. This is a peer-to-peer group that meets once a term, sharing experiences and knowledge. Most sessions include a guest speaker.

“Access has created a fun and safe environment for me to gain skills and be confident in own abilities.”

- Access Participant



## GET INVOLVED

Access Inc. focuses on meeting the challenges faced by adults (16 years and over) with disabilities as they move on from the more prescriptive and supportive framework provided by the education system.

***\*Please note: there are costs involved with programs\****

## WHEN

Please visit the Access Inc. website for the full range of programs and for the current term program schedule. Access Inc. does not run programs on weekends, or on Jewish or public holidays.

## NDIS

Access Inc. is not a registered provider under the NDIS. Plan and self-managed participants may use Access Inc. services. NDIA managed participants will unlikely be able to pay for Access services through their packages.

## CONTACT US

EMAIL  
[admin@accessinc.org.au](mailto:admin@accessinc.org.au)

INSTAGRAM  
[@access\\_inc](https://www.instagram.com/access_inc)

WEBSITE  
[www.accessinc.org.au](http://www.accessinc.org.au)

NUMBER  
(03) 9272 5603

FACEBOOK  
[www.facebook.com/AccessIncVic](http://www.facebook.com/AccessIncVic)

LINKEDIN  
Access Inc

## ADDRESS

Beth Weizmann Jewish Community Centre (Lamm Library Building):  
304 - 306 Hawthorn Road, Caulfield.



# FLYING FOX

## FLYING FOX

### ABOUT US

Flying Fox provides social opportunities to young people with a disability. Flying Fox trains and educates young adults to volunteer with our organisation and to work in the disability sector.

### OUR PROGRAMS

Flying Fox runs camps and weekend getaways, both within the Jewish community as well as providing opportunities for the wider community.

We also provide educational programs for youth movements, community groups and schools, educating them on disability and transforming attitudes.



### WHEN

#### Weekends:

Shortz:  
Numerous Shortz weekends each year.

#### Holidays:

Camp Sababa Junior and Senior:  
December/January.

Camp Wings:  
July.



## GET INVOLVED

### Camp Sababa Junior

8-16 year old campers with a disability.

### Camp Sababa Senior

16-25 year old campers with a disability.

### Camp Wings

14-20 year old campers from the wider community with a disability.

### Shortz

8-25 year old campers with a disability. Each weekend has a particular age group.

## NDIS

Flying Fox is NDIS eligible.

## CONTACT US

EMAIL

[hello@flyingfox.org.au](mailto:hello@flyingfox.org.au)

NUMBER

0439 310 923

WEBSITE

[www.flyingfox.org.au](http://www.flyingfox.org.au)

INSTAGRAM

@flyingfoxau

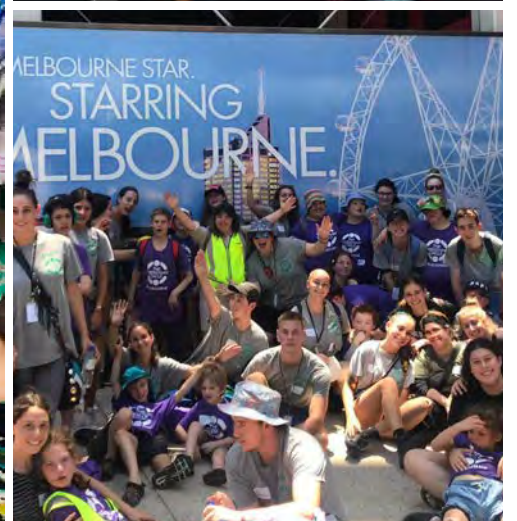
FACEBOOK

[www.facebook.com/flyingfoxau/](http://www.facebook.com/flyingfoxau/)



*“Flying Fox has transformed the life of my son, our family and our entire community. They are changing the way society perceives disability – doesn’t get more important than that!”*









# THE FRIENDSHIP CIRCLE

## ABOUT US

The Friendship Circle is one of Melbourne's fastest growing and most dynamic Jewish organisations, offering a full suite of programs and activities, catering to children and young adults with special needs. Through our unique "friends for friends" buddy system, the Friendship Circle has cultivated friendships between hundreds of teenage volunteers and participants and their families.

## OUR PROGRAMS

We offer both individualised and group programs including:

- Weekly Sunday Circle Recreation Program (Excursions and incursions).
- Summer and Mid-year Day Camps.
- Personalised Home Visitation Program.
- Pre Yom Tov Family Days.
- Mums' Nights Out and Parent Programme.
- Sibling Programme.

## GET INVOLVED

Young Jewish people aged 0 - 25 years who live with a cognitive or physical disability.

Volunteers who are aged 16+.

## NDIS

Friendship Circle is NDIS eligible.



## CONTACT US

EMAIL

[services@friendshipcircle.org.au](mailto:services@friendshipcircle.org.au)

NUMBER

0418 535 408 or 0433 538 018

ADDRESS

2 Vadlure Avenue, St Kilda East.

WEBSITE

[www.friendshipcircle.org.au](http://www.friendshipcircle.org.au)

FACEBOOK

[www.facebook.com/friendshipcirclemelbourne](http://www.facebook.com/friendshipcirclemelbourne)



# JEWISH CARE VICTORIA

## ABOUT US

At Jewish Care our focus is on providing flexible, culturally sensitive support options to allow every Jewish person living with a disability to participate in the community and lead an inclusive and fulfilling life. Jewish Care is a registered NDIS Provider.

## OUR PROGRAMS

- Case Management and Case Coordination.
- Carer Support.
- Community Access (Social and Recreation).
- Independent Living Accommodation
- NDIS Support and Advocacy.
- Plan Management.
- Overnight and Daytime Respite at The Coppel and Piekarski Family Disability Respite Centre.
- School Holiday and After School Respite.
- Shared Supported Housing.
- Support Coordination.



## WHEN

Jewish Care are flexible with their hours.

## NDIS

Jewish Care is NDIS eligible.

## GET INVOLVED

Jewish Care provides a broad range of supports to Jewish people living with disability, from the age of 6 – 65. We also support those who care for a person with disability. We are happy to discuss your needs with you, and if we cannot provide the service you require, we will assist you to find an agency that does.

Please contact us for further information.

## CONTACT US

EMAIL

[info@jewishcare.org.au](mailto:info@jewishcare.org.au)

NUMBER

8517 5999 (Front Door)

WEBSITE

[www.jewishcare.org.au](http://www.jewishcare.org.au)

FACEBOOK

[www.facebook.com/jewishcarevictoria](http://www.facebook.com/jewishcarevictoria)

ADDRESS

619 St Kilda Road, Melbourne (Head Office).  
476 Glen Eira Road, Caulfield South 3162. (Disability Services Office).





# JEWISH SPECTRUM SUPPORT

## ABOUT US

Jewish Spectrum Support (JSS) an informal Jewish support for the parents or carers of children on the Autism spectrum. We are independent but are associated with Jewish Care.

Our aims are to:

- Be a support group for the parents of children on the Autism spectrum
- Provide peer support and sharing of stories, experiences and resources in a safe, confidential environment
- Reduce isolation often experienced by parents of Jewish children on the spectrum by providing an opportunity to connect with other parents in similar situations.

## OUR PROGRAMS

We run informal support groups monthly, on Friday mornings and once every 3 months on a Tuesday night. Contact us for more information.

Our meetings are open to everyone, run by volunteers and people are welcome to attend on a regular or as-needs basis.

## GET INVOLVED

We are open to Jewish parents and carers of children on the Autism spectrum.

## NDIS

Jewish Spectrum Support programs are not eligible for NDIS.

## CONTACT US

EMAIL

[Info@jewishspectrumsupport.com](mailto:Info@jewishspectrumsupport.com)

WEBSITE

[www.jewishspectrumsupport.com](http://www.jewishspectrumsupport.com)

NUMBER

0407 455 645 (Vicky)

FACEBOOK

Private group on Facebook



“... it felt more like a group of friends going on a trip than a deliberate attempt to provide equal opportunities to people who might need extra support. In my opinion this was the aim and it was well achieved...”

(Ski trip buddy)



### Maccabi All Abilities and Flying Fox joint ski trip



“... it was the highlight of his life...”

(Participant's parent)





# MACCABI VICTORIA

## ALL ABILITIES

### ABOUT US

Maccabi Victoria All Abilities aims to provide Jewish people with disabilities greater opportunities to participate in inclusive and integrated sport and active recreation. We strive to have as many people as possible regularly involved in these activities.

The program offers members the opportunity to train and play in a variety of sports (both in all abilities teams, as well as through supported integration into mainstream Maccabi teams), participate in new programs and special events, and volunteer and work within the community. We also support the mainstream Maccabi clubs to become more inclusive and welcoming.

### OUR PROGRAMS

We offer a number of programs and opportunities including:

- Sport and Active Recreation for Individuals of All Abilities.
- Active Social Activities, often run in conjunction with other organisations.
- Connections with the mainstream Maccabi clubs to facilitate inclusion and integration into their programs.
- Opportunities to pursue non-playing roles including coaching, team managing and volunteering with a club.

*\*If we don't currently offer a suitable program for you, we will connect you with other opportunities within the disability sport space\**





## NDIS

Most of our programs are not eligible for NDIS however we encourage you to request any necessary support (such as transport or 1:1 assistance) to attend the programs in your NDIS plan.

## WHEN

### Swimming:

Sunday mornings (weekly).

### Shmooze and Groove:

Sunday afternoons (fortnightly).

### Basketball:

Monday nights (weekly, during term time).

Other programs and special events are run on weeknights and Sundays.

***\*Please note: costs involved are program-dependant\****

### EMAIL

[allabilities.vic@maccabi.com.au](mailto:allabilities.vic@maccabi.com.au)

### NUMBER

9563 5885

### WEBSITE

[www.maccabi.com.au/VIC/All-Abilities](http://www.maccabi.com.au/VIC/All-Abilities)

### FACEBOOK

[www.facebook.com/maccabivictoriaallabilities](https://www.facebook.com/maccabivictoriaallabilities)

### ADDRESS

1/115 Hawthorn Road, North Caulfield.





# MELBOURNE JEWISH CHILDREN'S AID SOCIETY INC

## ABOUT US

Jewish Children's Aid Society Inc supports the inclusion of children with a disability into the Melbourne Jewish day schools. We believe that every Jewish child has the right to a Jewish education regardless of their special needs.

We provide additional funding, to supplement funds received from the government, to help pay for support assistants for individual students. Our funds are raised in our two Posh Opp Shoppes and by generous donations.

## OUR PROGRAMS

The JCAS schools program started in 1989 with just a handful of students. Today approximately 250 are funded every year. JCAS runs a network to support teachers and assistants, and provide training opportunities in best practice for inclusion to make mainstreaming a success. The coordinator also provides emotional and practical support to families.

Our famous Posh Opp Shoppes sell a variety of high quality pre-loved merchandise and often has wonderful new goods donated by our many supporting businesses. All the profits go directly to helping students with extra needs, through the Jewish Children's Aid Society. The Shops also provide an opportunity for teenagers and adults with a disability to gain relevant work experience.

## GET INVOLVED

To qualify for funding, the school submits an application form on behalf of each eligible student. The funding process is transparent and equitable, relying on strict government criteria. Every application is supported with evidence from professionals working with the child and evidence of the support provided by the school on an everyday basis.

## CONTACT US

### ADDRESS:

Posh Opp Shoppe  
484 Glenhuntly Road, Elsternwick.  
1226 Glenhuntly Road, Glenhuntly.

### EMAIL

[sharon@goodhardt](mailto:sharon@goodhardt)

### NUMBER

0418 378 187

### WEBSITE

[jcas.org.au](http://jcas.org.au)

9528 1777 (Elsternwick Posh Opp Shoppe)  
9572 2248 (Glenhuntly Posh Opp Shoppe)

*“Kedem has worked with Tal Spinrad, UJEB’s Project Kulanu Manager, to provide festival services for children of all ages and abilities and their families, during the Jewish New Year season. Tal brings knowledge and understanding that helps us see things from the point of view of the children and their families, as he plans to include and engage them in ways that will be safe, comfortable and enjoyable for them. As a leader of these services, Tal is warm and creative. He brings together his passion for, and expertise with, Jewish family education and his commitment to inclusion of families with children of all abilities. We are grateful for his advice and experience.”*



Ruth Gross  
Jewish Life and Education Coordinator,  
Kehillat David Hamelech (Kedem)

# UNITED JEWISH EDUCATION BOARD

## ABOUT US

The KULANU initiative has created a new dimension within UJEB that has dedicated staff and funding to better serve families that have members living on the Autism Spectrum or with disabilities. Our goal is to create a web of support and resources for both families and Jewish organisations, through dynamic educational programming, professional education seminars and peer support groups. It is within this structure that we endeavour to enrich and enhance the lives of the families we serve by creating a safe and nurturing environment where each member of our community can feel welcomed and be given the tools to thrive.

## CONTACT US

TAL SPRINRAD  
UJEB Project Kulanu Manager  
Inclusion | Specialist Schools Program  
Training | Advocacy

EMAIL  
[inclusion@ujeb.org.au](mailto:inclusion@ujeb.org.au)

NUMBER  
0437 569 863

WEBSITE  
[www.ujeb.org.au](http://www.ujeb.org.au)

ADDRESS  
306 Hawthorn Road, Caulfield.







## OUR PROGRAMS

### Specialist School Jewish Programming:

1. Within your child's school, within a familiar environment.
2. Experienced Jewish educators.
3. Safe and nurturing environment.
4. Developmentally appropriate, engaging and fun programming.
5. Song and laughter filled half hour weekly sessions.
6. Opportunities for further family gatherings through Chagim celebrations.

### Community Building and networking portals:

1. Resource for community members' needs.
2. Support network.

### Inclusion Professional Development Services:

1. Professional resource for Jewish communal organisations.
2. Inclusion PD sessions.
3. Staff frequently present at conferences such as Limmud Oz and the Zionist Federation of Australia's Educators Conference.

### KULANU B'nei Mitzvah Groups:

1. Customised B'nei Mitzvah tracks for Special Needs students.
2. UJEB facilitates a multi-level process that allows each family to create their own B'nei Mitzvah experience.
3. Involve the entire family in six, twelve or twenty-four month programs.

# YOUTH MOVEMENTS

## ABOUT

Youth movements in the community are very welcoming of participants with a disability, and are happy to work with individuals to integrate them into their programs.

If you would like more information, please contact the organisation.

## CONTACT US

### 10<sup>th</sup> Caulfield Scouts

10<sup>th</sup> Caulfield Scout Group offers the Jewish youth of our community quality Scouting in a safe, friendly and clean environment.

Email: [groupleader@10thcaulfieldscouts.org.au](mailto:groupleader@10thcaulfieldscouts.org.au)

Website: [www.10thcaulfieldscouts.org.au](http://www.10thcaulfieldscouts.org.au)



### Betar

Betar Melbourne runs a wide range of activities and events throughout the year, including camps, for chanichim (participants) years 2-12 to socialise, bond and strengthen their Zionist and Jewish identities.

Email: [vic@betar.org.au](mailto:vic@betar.org.au)

Website: [www.betar.org.au/vic/](http://www.betar.org.au/vic/)



### Bnei Akiva

Bnei Akiva is Jewish religious Zionist youth movement, inspiring and empowering young Jews, as well as providing a sense of commitment to the Jewish people, the Land of Israel and the Torah, and places emphasis on the value on Aliyah to the state of Israel.

Email: [melbourne@bneiakiva.com.au](mailto:melbourne@bneiakiva.com.au)

Website: [www.bneiakiva.com.au](http://www.bneiakiva.com.au)



### Habonim Dror

Habonim Dror is a Jewish socialist-Zionist youth movement, empowering youth and helping them to develop meaningful Jewish identities.

Email: [melbourne@hdoz.com](mailto:melbourne@hdoz.com)

Website: [www.hdoz.com/#!/melbourne/cvyp](http://www.hdoz.com/#!/melbourne/cvyp)



## Hashomer Hatzair

Hashy is a secular, progressive Jewish youth movement for years 3-12 based in Melbourne, and aims to strengthen the identities of young people in a framework that fosters informal education, independence and fun.

Email: [merakez@hashy.org.au](mailto:merakez@hashy.org.au)

Website: [www.hashyaus.org/](http://www.hashyaus.org/)



## Hineni

Hineni Youth and Welfare integration project. On every Summer and Winter camp, Hineni take a group of children with special needs to our camps under the name 'Tzevet Chazak'. This group helps these children engage with an enriching youth movement experience, and to integrate them into the Hineni family.

Email: [melbourne@hineni.org.au](mailto:melbourne@hineni.org.au)

Website: [www.hineni.org.au](http://www.hineni.org.au)



## Netzer

Netzer Australia is a Progressive Jewish, reform Zionist youth movement that enriches Jewish identities, empowers youth and creates an engagement with Israel for the youth in our community.

Email: [melbourne@netzer.org.au](mailto:melbourne@netzer.org.au)

Website: [www.netzer.org.au](http://www.netzer.org.au)



## SKIF

SKIF is a Jewish youth movement that provides camps, and weekly meetings, allowing children aged 8-18 to have fun with others, whilst learning about important events and different aspects of their Jewish identity through exploring Yiddish language and culture.

Email: [skifhelper@gmail.com](mailto:skifhelper@gmail.com)

Website: [www.skif.org.au](http://www.skif.org.au)



## Tzofim Melbourne

The Tzofim is an educational, pluralistic Zionist youth movement, operating all over the world. The aim is to allow members the opportunity to develop leadership skills and foster a strong connection to Israel throughout weekly activities, which are conducted in Hebrew.

Email: [melbourne@israelscouts.org](mailto:melbourne@israelscouts.org)

Website: [www.zofim.org.il](http://www.zofim.org.il)





# THE RIGHT TO COMPLAIN

You have the right to be happy and feel safe.



If you feel unhappy, uncomfortable or have a problem with any organisation that provides disability services,  
**It is ok to complain**



Firstly, talk to the program coordinator or someone at the organisation you feel comfortable speaking with



Is the organisation NDIS funded?

Yes

No

## NDIS Quality and Safe Guard Commission

1800 035 544 (free call)

TTY:  
133 677

Online Complaint Contact form:

[Ndiscommission.gov.au/about/complaints](https://www.ndiscommission.gov.au/about/complaints)



NDIS Quality and Safeguards Commission

## Disability Services Commissioner

1800 677 342 (free call)

TTY:  
1300 726 563

Email:  
[complaints@odsc.vic.gov.au](mailto:complaints@odsc.vic.gov.au)

Website:  
[www.odsc.vic.gov.au](http://www.odsc.vic.gov.au)



Disability Services Commissioner

# SIBLINGS SUPPORT

Most of the time, siblings are overlooked and are often left feeling alone or forgotten

Here we have provided a list of organisations that can help improve the well-being of siblings, as well as provide advice on how to help care for loved ones with a disability.

A Sibling Program Directory  
[www.acd.org.au/siblings/directory.htm](http://www.acd.org.au/siblings/directory.htm)

Big Brother Big Sister  
[www.bbbs.org.au](http://www.bbbs.org.au)

Flying Fox  
<https://www.flyingfox.org.au/>

Little Dreamers  
<https://littledreamersonline.com/>

Raising Children  
<https://raisingchildren.net.au/disability>

Siblings Australia  
[www.siblingsaustralia.org.au](http://www.siblingsaustralia.org.au)

The Association for Children with a Disability (ACD)  
<https://www.acd.org.au/sibling-programs-south-eastern-metropolitan-region/>

'Your Shout'  
[www.yourshout.org.au](http://www.yourshout.org.au)



# EMERGENCY SERVICES

In the event of an emergency, we have provided a few numbers that may be useful as well as some applications available for download, via the Google Play Store, the Apple App Store and Windows Phone Store.

## APPLICATIONS

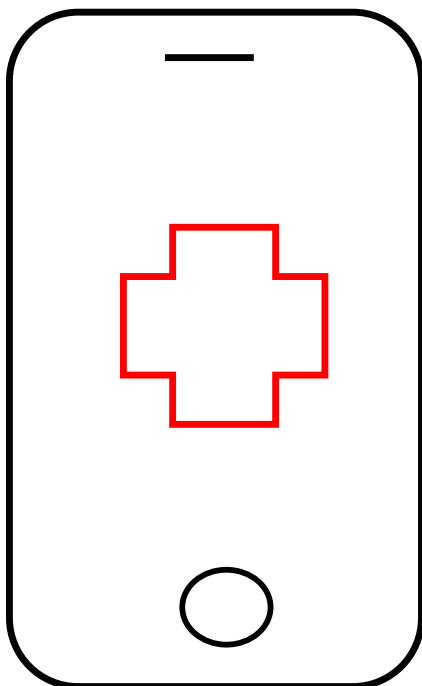
**Emergency +:** (free) Uses your phones GPS services to assist you in contacting emergency and SES services.

**GoodSAM (alerter/responder):** Connects people with first aid training to local incidences before emergency services arrive.

**First Aid Emergency:** Easy and effective first aid application.

**Medical ID:** Enables quick access to medical information and contacts in case of an emergency. (Can be found in contact card for iPhone).

## PHONE



**000:** Standard emergency service that is free to contact

**112:** Emergency services for those without mobile service, can be used anywhere in the world for free

**106:** Emergency services for anyone with a speech or hearing impairment

**(03) 9527 5111: Chevra Hatzolah** is a Jewish emergency medical service. Located in Caulfield, they can be contacted in the event of an emergency to provide assistance before an ambulance arrives



# CITY COUNCIL CONTACTS

City of Boroondara  
9278 4444

City of  
Stonnington  
8290 1333

Bayside City  
Council  
9599 4444

City of Port  
Phillip  
9209 6777

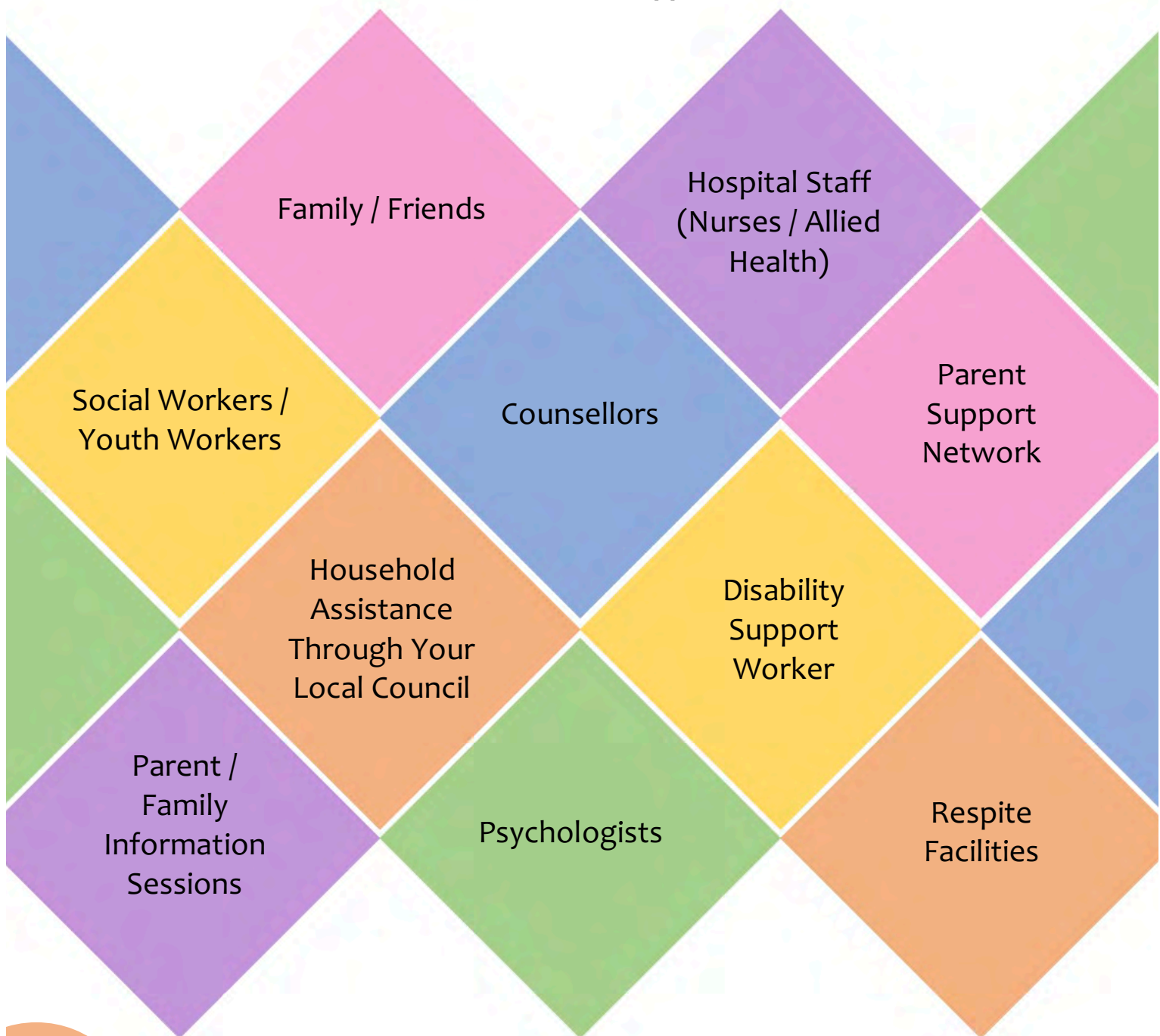
Glen Eira City  
Council  
9524 3333

# LOOKING FOR HELP?

Having a supportive network is the best way to share your feelings and overcome any frustrations you may be feeling, without dealing with the problem on your own.

Please know you're not alone, others may be facing the same problems.  
Speak up!

## Key sources of support:



## **Disclaimer**

This directory is intended as a guide only. The information provided in this guide has been supplied by each individual organisation and care has been taken to ensure that it is all accurate. No responsibility will be taken by any person, company or organisation associated with the writing, production or sponsorship of this publication, for any information contained therein, nor for any consequences resulting from the use of such information, whether accurate or inaccurate. All details last checked October 2019.

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# CONTACTS



**Access inc.**

Celebrating abilities

Access Inc.  
9272 5603

**FLYING FOX**



Flying Fox  
0439 310 923

The Friendship Circle  
0418 535 408 or 0433 538 018



Jewish Care Victoria  
8517 5999



Jewish Spectrum Support  
0407 455 645



Maccabi Victoria All Abilities  
9563 5885



Melbourne Jewish Children's Aid Society Inc  
0418 378 187

Posh Opp Shoppe  
9528 1777 or 9572 2248



United Jewish Education Board  
0437 569 863



Carers Victoria  
1800 242 636



**Australian Government**  
**Department of Human Services**

Department of Health & Human Services  
1300 650 172

National Disability Insurance Agency  
1800 800 110