

UPDATE - SEPTEMBER 2016

It's hard to believe that we're already planning for 2017! 2016 has been rushing by in a blur of swimming, football, basketball and more. But don't worry – there's still plenty more great things to come this year!



Maccabi All Abilities and Access recently partnered to go to the football. We had perfect weather and a great afternoon!

Fantastic Opportunities for All Abilities Members

- The second round of our **Steps to Good Health** program (run in conjunction with Jewish Care) has been offering members the opportunity to get active with **fitness sessions**, learn about how to **cope with stress and manage emotions**, and participate in **active social activities**.
- Our Steps to Good Health **social program** has seen members catch up over a movie, go bowling, and try their hand at Bingo. Next up is our disco!
- We recently joined forces with Access and went to an **AFL match**. We took the train, had a kick in the gardens, and then enjoyed the game (well, we're not sure if the Carlton fans enjoyed it!). A big shout out to our volunteers who helped make the day such a success.
- Wednesday afternoons have been structured a bit differently this term. We kicked off with a 5 week block of **dance**, giving our members a chance to shake, shimmy and salsa their way through the end of winter. We're now running a block of **table tennis** sessions and it's great to see everyone's skills improving as the weeks go by. We will have a break for all the Jewish holidays but will return after with a block of **Get Into Cardio Tennis**, supported by Tennis Victoria.
- Offering **regular active sporting opportunities** offered for All Abilities members. Constantly working to develop and improve these programs.

- Always looking for ways to develop further **volunteer roles** for members both in the office and at events.
- Members **integrated into mainstream clubs**, including netball, soccer, hockey, tennis and tenpin bowling.



Our recent bowling afternoon with Jewish Care.

Program Updates:

- Our All Abilities **Swimming team** has put together a great new video showcasing the program. [Jump online](#) to check it out.
- We are very excited to have the All Abilities **Snappers** making a return for this year's **Maccabi/MS National Swimathon**. You can visit our team page to join or donate by [clicking here](#).
- We have been working closely with Team Vic, Team NSW and the Carnival organisers in WA to maximise the number of All Abilities opportunities for interstate participation in **Junior Carnival 2017**.
- The rest of 2016 is looking busy with activities such as **horse riding**, hosting an all abilities **basketball tournament**, **lawn bowls**, a **disco** and more!



The swimming team has a great new video showcasing the All Abilities program.

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Administration and Funding:

- A huge Mazal Tov and Congratulations to **Russell Jaffe** who was recently inducted into the **Maccabi Victoria Hall of Fame**. This was an incredibly well-deserved honour as Russell has dedicated countless hours to Maccabi, and especially to All Abilities.
- Another stalwart of the All Abilities program, **Sharon Hamilton**, also reached an impressive milestone as she stepped down from the **Maccabi Victoria board** after **ten years**. She will still be the All Abilities liaison to the board. Both Sharon and Russell have been key drivers in establishing the All Abilities program and it just wouldn't be the same without them!
- **Natalie Sullivan** has recently completed her 14 week social work placement with Maccabi All Abilities, and has handed the reins to the new social work student, **Ariel Huang**. Ariel will be continuing Nat's work on **adolescent offerings**, and also helping ready Maccabi All Abilities for the **NDIS** (National Disability Insurance Scheme). We would like to thank Nat for all her hard work during her time with us.
- We have been working closely with **Maccabi NSW** as they form their All Abilities committee, and establish their program. We can't wait to see their program develop and grow, and, in time, look forward to creating some interstate sporting opportunities for our members.
- Attendance at **NDIS information sessions**, including those run by Inclusion Melbourne and by Disability Sport and Recreation.

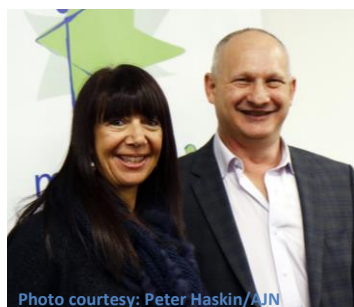


Photo courtesy: Peter Haskin/AJN

Congratulations to Russell Jaffe and Sharon Hamilton on their recent Maccabi milestones.

Stakeholder relationship development:

- Strong collaboration with other disability organisations through the **JDN** (Jewish Disability Network).

- Participation in the **Maccabi National All Abilities Committee**.
- Attending the **Maccabi Victoria AGM**. [Click here](#) to read Past President Joe Dorfman's President's report.
- Attendance at other stakeholder meetings including the **Access AGM**, and **Disability Sport and Recreation** meetings.

Marketing and promotion:

- In conjunction with Flying Fox, participated in Moira's recent **Disability Respite and Recreation Expo** at the Kingston Town Hall.
- Currently working to redevelop the Maccabi Victoria **Website** to make it more user-friendly and add **Easy English** alternatives.
- **All Abilities monthly newsletter** edited and distributed to key stakeholders and incorporated into other organisation's newsletters
- **Facebook page** maintains an active profile, with growing followers (over 200!).
- **All Abilities website and community calendar** continue to be developed and updated.



After their success in 2015, we're excited to see the return of popular activities such as horse riding and the Maccabi-hosted All Abilities basketball tournament.

For further information or to get involved please contact:

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Stay up to date with Maccabi Victoria All Abilities:

- **Website:** <http://www.maccabi.com.au/VIC/All-Abilities>
- **Facebook:** maccabivictoriaallabilities