

UPDATE - JUNE 2016

The cold weather may have set in but we've been finding great ways to keep warm with new programs and offerings constantly being added to our repertoire. We can't wait to see what the rest of 2016 has to offer!



The Dolphins keeping their eye on the ball at the Dandenong Valley All Abilities Basketball Tournament.

Fantastic Opportunities for All Abilities Members

- The Dolphins took part in the **Dandenong Valley All Abilities Basketball Tournament**. The team had a great day and won their first match of the day.
- Our **Steps to Good Health** program has been giving participants the opportunity to learn about healthy relationships, get active with our fitness sessions and learn about healthy food choices – we even went on an adventure to the supermarket!
- We are piloting a new program over winter giving our members a chance to **Just Dance!** With the high energy of Michelle the participants have been shaking and shimmying, hip-hopping and learning to salsa. We hope to add the program to our term 3 calendar as a regular feature.
- We have also been offered the opportunity to trial **Get Into Cardio Tennis** in the upcoming weeks. This new, games-based tennis-inspired offering from Tennis Victoria is perfect for players of all levels and abilities and we hope to be able to utilise it for future programs.
- Offering **regular active sporting opportunities** offered for All Abilities members. Constantly working to develop and improve these programs.

- Always looking for ways to develop further **volunteer roles** for members both in the office and at events.
- Members **integrated into mainstream clubs**, including netball, soccer, hockey, tennis and tenpin bowling.



Our weekly All Abilities swimming squad.

Program Updates:

- We are delighted that the Maccabi Basketball Club's new arrival, Israeli player **Yariv Amiram** will be assisting with the All Abilities basketball program whilst he is in Melbourne.
- The **Glen Eira Rangers** (joint All Abilities Soccer program between the Maccabi North Caulfield Jr Football Club, the Glen Eira Jr Football Club and the Reagan Milstein Foundation) has recently undertaken a trial All Abilities soccer program for 6-12 year olds and is looking to launch a program for 13-18 year olds. We have been working with them on these programs.
- One of our All Abilities **swimmers** has started joining the mainstream club's training and in conjunction with the All Abilities coach, we are looking for competition opportunities. Stay tuned!



Healthy eating and fun with fitness – 2 sessions from our Steps to Good Health program.

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Administration and Funding:

- Jamie Zaidenberg was the recipient of this year's **Volunteer of the Year Award** at the Maccabi Victoria Volunteer Awards Night. Jamie has been involved with the All Abilities program for over ten years and is a regular face at basketball and swimming.
- As part of our ongoing commitment to looking after the welfare of everyone involved in Maccabi All Abilities, we recently hosted an All Abilities-focused **MPP (Member Protection Policy) training night** which was attended by the majority of the All Abilities coaches and volunteers.
- We will be hosting **Natalie Sullivan** (a **social work student** from Monash University) who will be completing a 3 month work placement. We look forward to having her on board.
- NSW Maccabi are beginning to establish an **All Abilities Program in Sydney**. We look forward to working together with them to establish a national All Abilities profile.



MP David Southwick, All Abilities President Sharon Hamilton, All Abilities Volunteer of the Year Jamie Zaidenberg and Maccabi Victoria President Joe Dorfman at the Maccabi Volunteer Awards Night.

Stakeholder relationship development:

- Met with **Disability Sport and Recreation** and have been invited to be a part of the Victorian Disability Sport and Recreation Organisations Committee (VDSRO).
- Attendance at **Maccabi Council Meetings**. It is so pleasing to see that mainstream clubs are beginning to take ownership of their All Abilities teams and players, and including them in their club report.

- Continued strong collaboration with other **disability service** via events, committees and shared resources
- Attended the **Communities in Control** conference with almost 1000 other representatives of community organisations.

Marketing and promotion:

- As part of SILC, Maccabi All Abilities, Access Inc. and Jewish Spectrum Support will be presenting a session at Limmud Oz about social inclusion in community events, entitled **Why we can't go to Limmud Oz**.
- Working with **SILC** (Social Inclusion Leadership Committee) to update their blog and create an online disability resource centre for the community.
- **All Abilities monthly newsletter** edited and distributed to key stakeholders and incorporated into other organisation's newsletters
- **Facebook page** maintains an active profile, with growing followers (over 200!).
- **All Abilities website and community calendar** continue to be developed and updated.



Maccabi All Abilities members having the chance to dance with high-energy instructor Michelle.

For further information please contact:

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Stay up to date with Maccabi Victoria All Abilities:

- **Website:** <http://www.maccabi.com.au/VIC/All-Abilities>
- **Facebook:** maccabivictoriaallabilities

Get involved with Maccabi All Abilities:

We're always looking for volunteers to get involved in our programs. Contact [Shari](#) for more information.