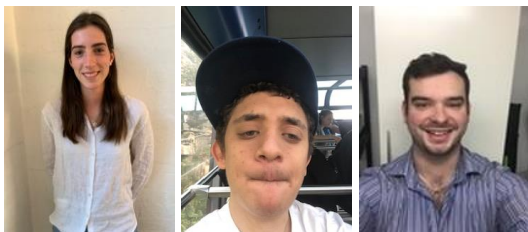


Quarterly Update: March 2019

As we head into the cooler months, there's no slowing down for Maccabi All Abilities! We filled summer with a range of activities – both our regular programs and some special events in (and on) the water. As always we are so grateful to our generous donors, dedicated members and amazing support networks that help make our programs happen.

Welcome to the Team

- We're very excited to announce that we have a new face on board for All Abilities program support - **Cara Davies**. Cara has been involved with Maccabi since she was eight, playing in the basketball team and representing Australia twice at Maccabiah. She has volunteered with both Camp Sababa/Flying Fox and Friendship Circle, and is excited to join Maccabi All Abilities.
- Meir Belnick** has offered to assist us with social media. We are very grateful to share his knowledge and passion!
- We also welcome **Peter Nikolopoulos** who will be undertaking a 120 hour student placement with All Abilities. Peter is studying health promotion at Deakin University. He will be working with Cara to look at ways we can engage more members in individualised sport and recreation pathways, and collaborating with Meir to build our social media platforms.



(L-R): Cara Davies, Meir Belnick and Peter Nikolopoulos new additions to the All Abilities team.

- We want to say a huge **thank you** to **Alexia Keats** who was working as program support for Maccabi All Abilities in 2018. We are very happy that she will still be continuing in her role as swimming coach!

Programs and Opportunities

- The first quarter of the year has seen over 180 attendances at 26 events including swimming, basketball, and schmooze and groove.

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Program Partners:



- This week we started our first **dance program** for the year. We will be partnering with Access Inc and Jewish Care to deliver this 4 week program.
- The year kicked off with our first ever sailing day. We visited **Sailability** and members, parents and even staff all had fun getting out on the lake in their own boats. Sailability offers additional support, volunteers and equipment to allow people of all abilities to participate in sailing.



A great day sailing!
Photos by Peter Haskin

- A group of swimmers went snorkelling with **Disabled Divers**. Despite being a windy day, everyone got a chance to see some amazing sea life, including a Banjo shark and a ray! Disabled Divers provides opportunities for people with disabilities to enjoy snorkelling and scuba diving. Head swimming coach Lex said, "it's amazing where our programs can lead. The confidence gained by these members led them to share new experiences with their teammates... Everyone can't wait to go again!"
- Some of our swimmers also enjoyed a fantastic **Australia Day at Mount Martha** with the Maccabi Swimming Club



L: Taking in the view at Mount Martha
R: Enjoy a day of diving

Quarterly Update: March 2019

- Long-time Maccabi member Zvi recently competed in the **Australian Tennis Championships**. This year Zvi and his doubles partner David made the quarter finals of the singles and doubles.
- The Maccabi Dolphins were lucky enough to receive **new basketballs** recently, courtesy of Basketball Victoria



The All Abilities Dolphins showing off their new basketballs

Program Development and Partnerships

- We ran a sport day for **Jewish Care's school holiday program**. A big shout out to Alexia (swimming/ All Abilities), Ricki (soccer) and Nick (AFL) for running a very full day of activities.



(L-R): Alexia Keats, Ricki Sher and Nick Lewis at the Jewish Care holiday program

- We are working to obtain **feedback from members** to help us shape the future of the program and look at how we can offer more individualised pathways to participation. We are doing this through individual consultations with members and families, as well as offering opportunities for more informal group discussions.
- We are working with Jewish Care to identify how we can best support our members to **participate** in programs and opportunities as **independently** as possible.

- In conjunction with the **AJAX football clubs**, we are looking at opportunities for more All Abilities members to get involved in coaching in volunteer roles.

Education and Advocacy

- The **JDN (Jewish Disability Network)** has reconvened for the year and we have added a representative from UJEB to help expand the network's reach.
- All Abilities staff have attended a number of **communities of practice** being run by the Department of Sport and Recreation. These have given sport organisations in the AAA space a chance to connect and undertake discussions and development specific to the sector.

What's Next?

- The **term 2 calendar** is currently being developed, with a range of regular activities and special events planned.
- We are constantly looking for ways to connect with other clubs and community organisations in order to provide **better opportunities** for our members.
- In conjunction with Maccabi Victoria, Maccabi All Abilities will be seeking **further funding opportunities** through the Department of Sport and Recreation's upcoming funding *Together More Active*.

For further information or to get involved please contact:

Shari Cohen (All Abilities Inclusion Coordinator)

P: 03 9563 5885 | **M:** 0405 619 219

E: allabilities@macvic.com.au

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