

## UPDATE - DECEMBER 2016

Our 2016 calendar has included over 180 member participation opportunities for members to participate in everything from basketball and bowling to healthy eating education and horse riding. We'd like to thank all of our donors, coaches, volunteers, members, partners and supporters – we couldn't have done it without you!

Planning for 2017 is well underway and we can't wait to share the next part of our journey with you.



The All Abilities Snappers participated in the MS/Maccabi Swimathon for the third year in a row!

### Fantastic Opportunities for All Abilities Members

- We've finished our second round of our **Steps to Good Health** program (run in conjunction with Jewish Care) and planning is well underway for a new initiative in 2017: The Healthy Me Project. This year-long program is a partnership between Maccabi All Abilities, Jewish Care and Access Inc. and includes activities to promote physical and mental wellbeing for people with a disability, as well as parents and carers.
- We recently joined forces with Access and went to **Daylesford** for the day, where members had the chance to go **horse riding**, before enjoying a picnic lunch and a wander around the local market.
- We hosted our third annual **All Abilities Basketball Tournament** at Bialik and had over 80 players from 11 teams participate. We're very proud of the Maccabi Dolphins who won 2 games!
- Everyone put on their dancing shoes for a great **disco** to celebrate the end of the Steps to Good Health program. A huge thank you to Jewish Care for their fantastic assistance!
- The All Abilities Snappers got their goggles out to participate in their third **MS/Maccabi National Swimathon**. The team – comprised of members, coaches, family members and supporters – raised over \$3,000 for people with MS and the All Abilities program.

- Maccabi All Abilities joined forces with Jewish Care, the Maccabi Bowls Club, Access Inc., WIZO Kids and the Armadale Bowls Club to celebrate **International Day of People with a Disability**. Over 100 members of the community, including MP David Southwick and Glen Eira Metro Access Officer Belinda Jordan enjoyed lawn bowls, afternoon tea and live music.
- Our regular programs are nearly wrapped up for 2016, but this quarter has seen regular **basketball**, **swimming** and **walking** as well as activities such as **Get Into Cardio Tennis** and **BeatFit**.
- Two All Abilities members have started **assisting the AJAX senior football club coaches** and we're hoping to build more partnerships in 2017 to facilitate more volunteer opportunities.



We recently ran a fantastic lawn bowls day to celebrate International Day of People with a Disability.

### Program Updates:

- We're delighted to have **Monique Jedwab** and **Barb Bejer** on board as our **new head coaches for basketball**. We'd like to say a huge thank you to Rubin Winograd and Zoe Diamond for their coaching expertise over the last 2 years. Zoe will be staying on as an assistant coach, and we hope to see Rubin make a cameo at training occasionally!
- Our Sunday afternoon walking group is being renamed to better reflect what we get up to. From 2017 we will be running the **Sunday Shmooze and Groove!** Everyone is welcome to come along and walk or wheel with us.



Maccabi All Abilities and Access horse riding in Daylesford.

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### Administration, Funding and Development:

- The All Abilities committee recently met to develop our **strategic plan** for 2017-2019. The strategic plan, mission, vision and values have been reviewed and a PDF overview has been created to help share our message easily.
- **Ariel Huang** is at the tail-end of her placement and has prepared a report with her recommendations for readying Maccabi Victoria for the NDIS. We would like to thank Ariel for all her hard work during her time with us.
- Submitted a joint application (with the Jewish Disability Network) to the **Ruderman Foundation** for a grant towards inclusion. Whilst not successful in gaining funding, our application was shortlisted and the Foundation is keen to connect us with other like-minded organisations.
- Attendance at the inaugural **Diversity in Sport** forum run by Play By the Rules and Centre for Multicultural Youth.
- Attendance at a **volunteer management workshop** facilitated by Disability Sport and Recreation.
- Attendance at Maccabi's **MPP update** to reflect the incoming Child Safe laws.



The Maccabi Dolphins at our recent All Abilities basketball tournament.

### Stakeholder relationship development:

- Strong collaboration with other disability organisations through the **JDN** (Jewish Disability Network).
- Developing partnerships with **WIZO Kids** and the **13 bar mitzvah** program to facilitate more inclusive opportunities for our younger participants.
- Participation in the **Maccabi National All Abilities Committee**.

- Attending the **Maccabi Victoria Council** meetings.
- Attendance at other stakeholder meetings including the **Access AGM**, and **Disability Sport and Recreation** meetings.



Dancing up a storm at the disco to celebrate the end of the Steps to Good Health program.

### Marketing and promotion:

- Our walking group was selected as one of a select few groups to feature in the **2017 Heart Foundation Walking group calendar**.
- **All Abilities monthly newsletter** edited and distributed to key stakeholders and incorporated into other organisation's newsletters
- **Facebook page** maintains an active profile, with growing followers (over 200!).
- **All Abilities website and community calendar** continue to be developed and updated.



Our Sunday afternoon walking group – soon to become the Sunday Shmooze and Groove.

### For further information or to get involved please contact:

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### Stay up to date with Maccabi Victoria All Abilities:

- **Website:** <http://www.maccabi.com.au/VIC/All-Abilities>
- **Facebook:** maccabivictoriaallabilities