

UPDATE – SEPTEMBER 2017

All Abilities has been going from strength the strength this year, and has already run well over 100 events. Our members have been trying their hand at everything from fitness to football and we are constantly exploring new opportunities and partnerships.

We'd like to say a huge thank you to all of our supporters for helping to make these opportunities possible.

Fantastic opportunities for All Abilities members



Fun at the footy

- Our **regular programs** have been continuing with basketball, swimming, schmooze and groove and fitness. Table tennis will also be making a comeback (due to popular demand) in term 4.
- Maccabi All Abilities, Access and Jewish Care have partnered for a number of **social events** including an AFL visit and tenpin bowling.
- The **AFL visit** saw a group of 20+ members, volunteers and staff watch the Melbourne v St Kilda game. A great game for everyone – except, perhaps, the St Kilda fans!
- **Tenpin bowling** was popular as always, with over 20 people spending an afternoon fine tuning their skills.

- We've been working with the Maccabi Australia committee to ensure that **Carnival 2018** will have participation and volunteering opportunities for All Abilities members of all ages.
- The **All Abilities Snappers** will be back this year to take part in the annual Maccabi/MS Swimathon. We look forward to raising funds for MS and Maccabi All Abilities.
- Our All Abilities members who were **volunteering and assistant coaching** with the AJAX junior and senior footy clubs have finished the season with so many positive stories and great experiences. We love that the clubs are welcoming our members as volunteers and hope to work with more clubs to create additional opportunities for our members to get involved.



An afternoon of tenpin bowling.

Administration, Funding and Development:

- We are very proud of our head swimming coach – Lexi – who was recently named **Coach of the Year** by Disability Sport and Recreation.



Head Maccabi All Abilities swimming coach Lexi Keats.

Lexi's 'can do' positive attitude is part of why parents have described her as "the best coach ever".

Lexi has been vital in the development of the All Abilities swimming program, which runs alongside the mainstream club's Sunday morning sessions.

Along with the swimming committee, she's helped establish the program as part of the club, and encourages swimmers to join in with the mainstream swimmers where appropriate.

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- We received our new equipment through the **Australian Sports Foundation's Balls4All program**. We are very excited to be taking our fitness sessions up a notch!



Testing out our new boxing gloves and weights.

Thanks to the ASF for the equipment!

- Isabella and Malka have just finished their placements with Maccabi All Abilities and we would like to thank them for all of their hard work.

- Paige and Jackie, both students from Monash University completing their **Masters in Social Work**, have just commenced their placement and we look forward to having them be a part of Maccabi for the next 3 months.

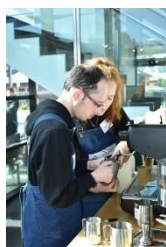
As part of their placement, Paige and Jackie will be reviewing the program as well as looking into ways to improve our volunteer pathways.



L: Bella and Malka
R: Jackie and Paige

Stakeholder relationship development:

- Attended the opening of the Access Inc coffee cart and art exhibition at the Carnegie Library.



Access baristas
hard at work.

- Attended the community leaders breakfast and disability services providers round table events run by AJF and Jewish Care with Jay and Shira Ruderman from **the Ruderman Foundation**.
- Attended the **Maccabi Victoria AGM** and **Access Inc AGM**.
- Attendance at other stakeholder meetings and workshops including those run by **Disability Sport and Recreation** and **City of Glen Eira**.

Marketing and promotion:

- New brochures** created and circulated. Please get in touch if you'd like some hard copies for your organisation.
- Co-exhibited at the **MOIRA Recreation and Respite Expo** alongside Access Inc, Flying Fox and Jewish Care.
- All Abilities website and community calendar** continue to be developed and updated.
- All Abilities newsletter** edited and distributed regularly to key stakeholders.

For further information or to get involved please contact:

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